



Greetings...

Time has slipped away from me with spring weddings, summer with sunshine and warm days, fall and changing leaves, and another wedding has made for a busy time. It seems I have lost all sense of time and my focus is everywhere but up. It has been my heart's desire to send out another "Message Behind the Music" but it just didn't seem to happen....so here I am again sitting at the computer searching for the words to express my heart to God and to you. I am in process of writing lyrics for a new CD I hope to start recording in January.

Here is a new song not yet recorded...perhaps like me you have an anxious, restless, heart and are to afraid or ashamed to admit it to anyone including God and yourself. Maybe like me this song is the secret prayer that keeps echoing in your heart.

A Place of Rest - by Sara Aten

**Oh, God let me find the kind of love that rests its head in Thee
Upon Thy chest let me find the real me
The one of weakness, insecurity and pain
The one that seems to always deserve all the blame**

**Oh, God let me find the kind of love that rests head in Thee
Upon Thy chest may my wearied heart
Be renewed and freed
In sweet freedom rouse, the love you have for me**

**Oh, God let me find the kind of love that rests it head in Thee
Upon Thy chest your beating heart of love for me becomes
My place of rest in Thee**

**Oh, God, Abba Father let me find the kind of love that rests it head in Thee
Upon Thy chest your beating heart of love for me becomes
My place of rest in Thee**

Heavenly Father, Abba, Daddy, we are anxious, restless children running to and fro oh please quiet our hearts Daddy as to You we go.

Amen

But the Lord said to her, “My dear Martha, you are worried and upset over all these details!

There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”

Luke 10:41-42

So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children, now we call him, “Abba, Father.

Romans 8:15

Thank you for taking your precious time to read this month’s “Message Behind the Music”. To purchase my CD’s , book me for an event, or become a financial and/or prayer partner please visit my website at www.saraaten.com

Singing for Him,

Sara